

# CARING FOR GAMERS

## 1) Ask: what game they are playing, and if it is single or multi-player

- Showing you're interested in understanding their passion is a great way to connect and lower defensive walls.
- Let them show you a clip on YouTube to describe the game.
- If they play multiplayer, do they play with online friends or real life friends?

## 2) Find out what job the gaming is doing for your child by exploring the **CARED** model

- **Ask:** Do you play these games to **get good**, **explore/be creative** or **hang with friends**?
- **Ask:** Do you play because gaming makes you feel better when life is hard? (**escape**)
- **Ask:** Do you feel disadvantaged in your games if you don't spend lots of **money** or **time** levelling up your character? (over-engaging in **compulsive design** mechanics)

## 3) Do they feel they have access to these needs in real life?

- **Ask:** Is it easy to **get good**, **explore/be creative** or **hang with friends** in real life or only by gaming?

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